

Af Af Af [Down, Down, Down]

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Count: 32 Wall: 4 Beginner

Choreographer:

[Martie Papendorf](#). South Africa. (Nov.2011)

Music:

Af en Af by Kurt Darren [3:05]



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Af Af Af also has the double meaning of “Off, Off, Off” in all the meanings of that word!

Alt. Music – Af en Af by Carlo en Leo/ Helemaal Hollands on Vanavond gaat het gebeuren [3.04 152bpm]

Start - On vocals after 16 beats

S1: Vine with a touch R and L.

1,2,3,4 Step R to right side, Cross L behind R, Step R to right side, Touch L next to R,

5,6,7,8 Step L to left side, Cross R behind L, Step L to left side, Touch R next to L

S2: [Step R, Pop L knee, Step L, Pop R knee], Repeat

1,2,3,4 Step R next to L, Pop L knee across R, Step L next to R, Pop R knee across L,

5,6,7,8 Repeat

S3: Diagonal fwd, Together, 2 Heel bounces, Back, Together, 2 Heel bounces

1,2 Step R fwd to right diagonal, Step L next to R, 1.30

3,4 Bounce both heels 2x [weight to R],

5,6 Step L back keeping on right diagonal, Step R next to L,

7,8 Bounce both heels 2x [weight to L]

S4: Step, Touch, Step, Touch, Step, Touch, Step, Touch

1,2 Step R to right side to face 3.00, Touch L next to R, 3.00

3,4 Step L in place, Touch R next to L,

5,6 Step R to right side, Touch L next to R, 3.00

7,8 Step L in place, Touch R next to L